



Youthmarket Nutrition Education Volunteer Opportunity | 2016

GrowNYC, 100 Gold Street, Suite 3300
New York, NY 10038

Youthmarket Program Information

Youthmarket is a program of GrowNYC, a hands-on non-profit that improves New Yorkers' quality of life through dynamic programming such as Greenmarket, the largest open-air farmers' market program in the country. Youthmarket is a network of urban farm stands that employ neighborhood youth to sell fresh, locally-grown produce in underserved neighborhoods of NYC.

Youthmarket Nutrition Education Volunteer Opportunity

This unpaid position offers individuals the opportunity to hone skills gained with nutrition or public health education programs. The individual will deliver nutrition education workshops and cooking demonstration at selected Youthmarkets across New York City. Individuals will commit to a minimum of 4 hours per market day, 2 market days per week for the duration of the Youthmarket season (July through November). Individuals will implement Youthmarket Nutrition Curriculum lessons and interactive cooking demonstrations using Youthmarket recipes that feature seasonal and regional farmers' market produce.

Duties:

- Implement nutrition education lessons including cooking demonstrations in accordance with the Youthmarket Nutrition Curriculum at assigned Youthmarkets across New York City
- Attend weekly meetings with the Program Coordinator and prepare for the following week's workshops
- Assist with and ensure proper set-up and break-down of tent, tables and other cooking equipment and educational materials
- Lead the preparation and implementation of interactive cooking demonstrations at the Youthmarkets
- Integrate key points from the Youthmarket Nutrition Curriculum into cooking demonstrations
- Maintain food safety and integrity of the programming
- Clean and sanitize all cooking equipment used in cooking demonstrations
- Promote nutrition education lessons

Ideal qualifications:

- Completion of a minimum of 15 credit hours in nutrition is required, completion of Registered Dietitian, or enrolled in Master's program in nutrition and/or public health preferred
- Experience conducting educational workshops in multi-cultural settings with diverse population
- Experience implementing cooking demonstrations; basic knife skills and ability to execute basic cooking techniques
- Ability to travel to different neighborhoods throughout New York City
- Ability to work in inclement weather conditions
- ServSafe certification or successful completion of the NYC Food Protection course (prior to July 1, 2016)
- Knowledge about NYC farmers' markets, regional food systems and community food issues
- Dynamic personality and excellent presentation, interpersonal and communication skills
- Preference will be given to applicants with Spanish speaking skills

This unpaid position will start in mid June and end in late November, is 10 hours per week (including Saturdays) and might be suitable for a fieldwork credit. For additional information about Youthmarket, please see our website at www.grownyc.org/youthmarket. Submit cover letter, resume, and two references to Kori Petrovic, Youthmarket Program Coordinator, at kpetrovic@grownyc.org. Please write "Youthmarket Nutrition Education Volunteer Opportunity" in the subject line.